

Bainbridge Ballet Preparatory Program

Preparatory programs are designed for children that have a serious desire to continue their dance through college or prepare them for a career in dance. With ballet as a technical base, students will accelerate their proficiency in dance skills including, technique, patterning, choreography improvisation, presentation and collaboration.

Prerequisites: Minimum age is 9 yrs by September of the year. Must have had at least 3 classes per week the previous season. Inclusion is based on attendance and progress. Interview with students and parents to determine admission.

9-11 Program Outline:

Required classes:

- 3 Ballet classes
- Improvisation class
- Conditioning class
- A modern class appropriate for their age and ability
- At least one other style of choice

In addition to classes students must:

- Attend weekly 15-minute personal consultation to discuss progress and goals for the coming week.
- 3 Progress reports to assess progress of goals.
- Required to attend 3 dance concerts throughout the year
- Students have the option to perform a solo in dance competitions and recital

Bi-monthly Seminars on injury prevention, dance composition, nutrition for dancers, navigating college dance and various careers in dance.

12+ Program Outline:

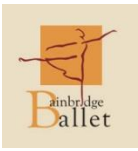
Required classes:

- 4 Ballet classes
- Dance Composition class
- Conditioning class
- A modern class appropriate for their age and ability
- At least 2 other styles of choice

In addition to classes students must:

- Attend weekly 15-minute personal consultation to discuss progress and goals for the coming week.
- 3 Progress reports to assess progress of goals.
- Required to attend 3 dance concerts throughout the year
- Students have the option to perform a solo in dance competitions and recital

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Preparatory Program Application

Full Name _____ Email _____

D.O.B. _____ Age _____ Email(*parent*) _____

How many years of study I dance _____ How many classes/wk this year _____

Types of dance studied: _____

Why I want to be in this program (Student):

What do I see myself doing in the future with dance:

What I hope my child gains from this program (parent):

How I see myself involved with this program (parent):